Fremont Union High School District, in continued partnership with El Camino Hospital, presents an evening for parents designed to continue to bring awareness and education to the community on teen mental wellness.

Join us as we continue the conversation on teen mental health. Together with Dr. Glenn Teeter, PsyD, ASPIRE Program, El Camino Hospital, and Dr. Kelly Troiano, MD, Pediatrician, Palo Alto Medical Foundation, we will learn more about the signs and symptoms of mental health conditions, suicide prevention education, opportunities to communicate in a healthy way with our teens, and gain insight on how your primary care doctor can support your family. And most importantly, know when and how to reach out for help.

There will be an opportunity for Q&A. Please note that the presentation will be delivered in English.

Monday, March 5, 2018
7:00 – 8:30 p.m.*
Cupertino High School Library
10100 Finch Avenue, Cupertino

*Doors open at 6:45 p.m. Presentations will begin promptly at 7:00 p.m.